



Welcome To Ward 27

Maternity Inpatient Ward Information Leaflet For you and your Family



January 2019

WELCOME TO WARD 27

This leaflet has been compiled to help make your stay on the ward more comfortable. If the staff can help in any other way, please feel free to ask.

This ward is shared by women who have recently had a baby and those who are still pregnant.

All staff wear an ID badge, please challenge any staff member whose ID badge is not visible to you.

The following uniform descriptions may help you to identify the roles of different staff members:

- Ward Manager & midwives (navy tunic with red piping)
- Assistant practitioners (pale green tunic)
- Student midwives (white tunic with university logo)
- Support workers (pale blue tunic)
- Ward clerks (navy blouses)
- House keeper (white tunic)
- Hearing screeners (pale blue and white pinstripe tunic)

Doctors also visit the ward daily. They wear different coloured lanyards to signify seniority. The different types of doctors you might see include:

- Obstetricians (for pregnancy related issues)
- Paediatricians (for baby related concerns)
- Anaesthetists (for issues related to epidurals, spinals or general anaesthesia)

VISITING TIMES

Everyone wants to come and visit your new baby, but experience tells us that the thing you need most in the early days is rest, nutrition and to establish your baby's feeding. As a hospital, we also have to consider your health and safety particularly infection control and fire regulations. For these reasons our visiting times are

Birth Partners (maximum 2) & woman's own children

- 8.30am to 8.30pm

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General visiting (maximum 3 visitors at a time)

- 14.30 to 16.30
and
- 18.30 to 20.30

Young children are the biggest carriers of coughs/colds and other viruses. To protect our newborn babies. We can only allow your own children/step children on to the ward. **NO OTHER CHILDREN UNDER THE AGE OF 12 ARE PERMITTED.**

Bell ringing signifies the end of visiting at that time.

We unfortunately do not have the facilities for any visitors to stay beyond these visiting times.

SAFETY AND SECURITY

In the interest of all our mothers and babies we ask that you use the intercom located at the entrance of the ward to gain access. Please do not allow other visitors to tailgate or open the door for other visitors.

When buzzing for admission to the wards, please be patient if the buzzer is not answered immediately as staff may be busy.

We ask that women do not leave the ward after 22:30 for safety reasons.

MEAL TIMES (APPROX)

Breakfast - 8.15am- toast, porridge and cereals available to help yourself in the kitchen.

Lunch - 12 noon served from meal trolley

Dinner - 5pm served from meal trolley

All lunches and dinners are served from the meal trolley situated on the centre of the ward and may be taken to your bedside or to the day room. We would appreciate it, if you are able, to return your tray when you have finished. Please complete a menu each evening for your meal choice for the following day.

Toast and sandwiches are always available. Please ask a member of staff.

Food is provided for patients only. There is a restaurant on site and shops in the surrounding areas for relatives to get themselves food if needed.

Hot drinks are available 24 hours a day in the parent kitchen. Visitors are welcome to drinks but we ask for a donation of at least 50p towards our costs. An honesty box is available in the kitchen for this purpose.

If you choose to bring your own food there is a fridge for this purpose. Please ensure this is labelled and dated in the interest of hygiene and infection control as food will be thrown away if not correctly labelled.

Medicine Rounds

are at approximately;

- 9am
- 2pm
- 6pm
- 10pm

Please try to be at your bed side for these times (especially if you have a baby in NICU) to reduce the risk of missed or delayed medications.

If you require any further medication between these hours please speak to the midwife caring for you.

Ward layout

Side rooms are available on a priority basis. However, at times of low activity, these rooms can be allocated on request. Please be aware that you may be asked to return to a four bedded bay if a single room is required for another patient.

Responsive parenting/responsive feeding

We are a UNICEF Baby Friendly accredited maternity unit. To promote feeding and bonding we encourage mums and babies to be kept together wherever possible. This means that whilst on the ward, your baby will always stay by your side.

For safeguarding reasons, we expect you to be with your baby at all times whilst on the ward.”

FEEDING YOUR BABY

You will be given all the support you need whichever way you have chosen to feed your baby. Please ask at any time if you need more help. If you are bottle feeding we provide you with pre-sterilised bottles **but you do have to bring in the formula milk of your choice**. We have a designated locked fridge for storage of any expressed breastmilk and opened ready-made cartons. These must be labelled with your name and date and time of expressing/opening. Please ask a member of staff if you need access to the fridge.

During your stay on Ward 27 you will be supported by midwives and maternity support workers to feed your baby. You will also have access to our daily breastfeeding support provided by Homestart. A Homestart worker will see you on the ward to give you an opportunity to learn more about breastfeeding and discuss any concerns. You will also be contacted by breastfeeding peer support services following your discharge home.

We have leaflets, breast pumps and syringes available on the ward if needed.

Day of discharge

When you and your baby are ready to go home it may take a number of hours to complete all the relevant paperwork, obtain any medications you need and to ensure you have all relevant information. Please be aware your discharge may not be completed until the late afternoon/ early evening.

VALUABLES

Please note we cannot be responsible for any valuables brought into the ward and remember to take everything home with you on discharge.

ESSENTIAL ITEMS FOR YOUR STAY.

Other items you will need for your stay are;-

- Sanitary towels - maternity ones are best, not just thin 'night time'.
- 2 nightdresses (front opening are best for breastfeeding)
- 2 nursing bras and 1 box of breast pads (if breastfeeding)
- 2 well-fitting bras (if bottle feeding)
- Several pairs of old knickers (or disposable knickers)
- Dressing gown and slippers
- Nappies - Disposable nappies are easiest in the early days.
- Cotton wool for nappy changes
- Bath towels - One for you and one for baby. Remember to wash it first if brand new.
- Toiletries - Only for you. No toiletries are recommended in the early days for baby.
- If you are bottle feeding we provide you with pre-sterilised bottles but you do have to bring your own formula milk

Visitor parking permit

If you are here for a number of days it is possible to obtain a parking permit.

7 visits for £10

Please ask the ward clerk for a permit form if you require one.

COMPLIMENTS/COMPLAINTS

The staff of Tameside Maternity Unit work hard to make the birth of your baby a joyous event. They welcome and appreciate any notes of thanks or compliments. If possible during your stay, we ask if you could please complete a friends and family card as we value your feedback. The feedback you provide helps us to shape our services, enabling women and families to experience the best possible care

If you have any concerns regarding your stay on the ward, please ask to speak to the ward manager in the first instance. We would like the opportunity to make the service better for you before you leave us. We do value your comments and use them to help to improve our services for the future.

If there is a problem

Ward 27 -0161 922 6180/6181
Hospital Switch- 0161 922 6000

Other Useful Contacts or Information

National Breastfeeding Helpline (9.30am - 9.30pm) 03001000212
www.breastfeeding.nhs.uk

Source of Good Practice

UNICEF Baby Friendly Initiative

If you have a visual impairment this leaflet can be made available in bigger print or on audiotape. If you require either of these options please contact the Patient Information Centre on 0161 922 5332

আপনি যদি এই তথ্য পড়তে বা বুঝতে না পারেন, তাহলে অনুগ্রহ করে এখনির হেল্পলাইন টিমের সাথে টেলিফোনে যোগাযোগ করুন 0161 331 5149/5150 এই নাম্বারে, তখন তারা আপনাকে সাহায্য করতে পারবে।

જો આપ આ માહિતી વાંચી કે સમજી શકી નથી, તો કૃપા કરી, અંતર્ગત હેલ્પ ટીમનો
0161 331 5149/5150 નંબર પર સંપર્ક કરો તેઓ આપને જરૂર મદદ કરશે.

اگر یہ معلومات پڑھ نہیں سکتے ہیں یا آپ کو اس کی سمجھ نہیں آتی ہے تو براہ مہربانی ہسپتال ہیلتھ ٹیم کے ساتھ ٹیلی فون نمبر
0161 331 5149/5150 پر رابطہ کریں تو وہ آپ کی مدد کر سکیں گے۔

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