



Tameside and Glossop
Integrated Care
NHS Foundation Trust

COLPOSCOPY LOOP EXCISION/LETZ

(Local Anaesthetic)

Patient information Leaflet

September 2017

Further to your recent visit to the Colposcopy clinic, we can now confirm that you need some treatment to the neck of the womb (cervix). An appointment will be forwarded to you to have a treatment called a Loop excision/LETZ as an outpatient at the clinic.

Your appointment should last around 20 minutes and you should be able to go home shortly after treatment. If you want to bring a friend or relative with you, please do so.

The treatment involves having the area of abnormal cells removed using a wire loop heated by electricity. You will have a sticky electrode pad placed on your thigh and you will have some local anaesthetic put into the cervix. You can eat and drink as normal before and after your treatment.

If you are on a heavy period would you please contact the clinic on 0161 331 6168 to check that your treatment can go ahead.

If you use a coil for contraception, it will need to be removed at your appointment before you have your treatment. You should use an additional contraceptive method such as condoms or not have sexual intercourse for the seven days before your appointment. Your coil can be replaced 6 weeks after the treatment.

The cervix will take about four weeks to heal during which time you will have some light bleeding or discharge.

We recommend you use sanitary pads and not tampons for FOUR weeks.

You should not have sexual intercourse for FOUR weeks.

You should use a shower/body wash rather than a bath and avoid swimming and exercise until the discharge stops.

If you are planning on going abroad and we have sent you an appointment for treatment please call to let us know. We would normally suggest that you do not travel abroad for 4-6 weeks following the treatment. This is because of the risk of bleeding and your travel insurance may not cover you.

In order to check that the treatment has been effective you will receive an appointment to attend our Nurse Smear Clinic about 6 months after your treatment has been carried out.

On occasion there may be a Doctor, (trainee GP) or student Doctor present in clinic. They are there to learn about Colposcopy, however if you would prefer no extra people in the clinic please let us know.

Other Useful Contacts Or Information

NHS Direct

Patient Information Centre

Source Of Good Practice

If you have any questions you want to ask, you can use this space below to remind you

If you have a visual impairment this leaflet can be made available in bigger print or on audiotape. If you require either of these options please contact the Patient Information Centre on 0161 922 5332

آپنی یف ایہ تظہ پڈتے ہا بوضتے نا پارےن، تہہلے انؤرہ کسے اٹھنیک ہلہلہ ڈیمےر ساطہ ڈےجیفونے یوگااؤوگ وکنن 0161 331 5149/5150 ایہ ناسٹارے، تھن تارا آپناکے ساہٹیا کراتے پارہے ا

آآہ آا آاٹھتی آاٹھتی ڈے راسٹل ہاڈو لٹھتی آو ہڈیا ڈہی، آٹھلٹیڈ ڈےٹھ ڈیٹھو
0161 331 5149/5150 لٹھلہ ہلہ لٹھلہ ڈاٹھو آوآہ آاٹھتے آٹھلہ ڈہٹھو

اگر یہ معلومات پڑھ نہیں سکتے ہیں یا آپ کو اس کی سمجھ نہیں آتی ہے تو براہ مہربانی آٹھنک ہیلٹھ ٹیم کے ساتھ ٹیلی فون نمبر 0161 331 5149/5150 پر رابطہ کریں تو وہ آپ کی مدد کر سکیں گے۔

Document control information

Author: Dr Gilmour
Division/Department: Obs & Gynae
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