

## **Cystogram (Child)**

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### **What is a micturating cystogram?**

This is a special x-ray examination of the urinary tract (kidneys and bladder) using a liquid (contrast media), which shows up on x-rays to help diagnose various conditions.

### **What are the benefits of having a cystogram?**

Your child's problems can be diagnosed quickly and accurately.

### **Are there any risks involved in having a cystogram?**

There are the usual slight risks associated with X Radiation.

All X-ray procedures involve exposure to radiation in varying amounts. We are all exposed to small amounts of radiation from the atmosphere throughout our lives. Any amount of diagnostic radiation can add slightly to the normal risk of developing cancer. In all X-ray examinations, the amount of radiation is kept to the minimum necessary. Unfortunately, one in three of us are liable to develop a cancer at some stage during our lives, so the added risk from this test is very small indeed. This risk has to be balanced against the benefits your child may achieve by having the procedure.

The contrast media that is used contains iodine and some people are allergic to iodine. You will be asked if your child has any history of allergies, such as asthma or hay fever. Reactions to the contrast are very rare and the seriousness varies widely. Some people may get a sickly feeling or actually be sick. In extremely rare cases a serious reaction can occur. The x-ray department and its staff are fully aware of these risks and have the equipment and skills to deal with them.



**If there is a possibility that mum / and or female carer accompanying the child may be pregnant, please ensure another adult the child is comfortable with comes with you as you cannot be with your child during the examination because of the radiation.**

### **How long will we be in hospital for?**

You will usually come to the x-ray department as an outpatient and the length of the examination varies between patients. You should allow up to 1 hour for your stay in the department.

### **What happens when we arrive in the department?**

A member of staff will check your child's details and if necessary amend them.

### **What happens during the examination?**

The examination will be performed by a radiologist (a doctor specialising in x-ray examinations) with the assistance of a nurse and radiographer. Initially the nurse will pass a fine flexible plastic tube into your child's bladder with the aid of some local anaesthetic jelly. Once this tube has been checked to be in the correct position, the contrast media tube is connected and the bladder is filled with the liquid. X-rays will then be taken and the contrast will show any problems with the urinary tract. Once the films are done the tube is removed and the examination is completed.

### **What happens after the examination?**

There are usually no side effects after this examination.

### **Going home**

Your child will not routinely be sedated and will be able to go home after the examination.



### **How will we get our results?**

The results will be sent to the doctor who sent your child for this examination and you can discuss the report with them when you next visit. An appointment will be sent to you if you came as outpatient. If your GP sent you, you need to make an appointment to see them about two weeks after the examination.

### **Any questions?**

If you have any questions about the procedure please ring 0161 922 6426 Monday to Friday between 9am and 5pm, or write your questions in the box below and bring this leaflet with you.

### **Who should I contact if there is a problem following my child's examination?**

For advice, telephone X Ray Ground Floor, Hartshead Building on 0161 922 6426 during the hours of 9.00am to 5pm, Monday to Friday. Out of hours telephone your GP.

### **Are there any alternatives?**

Your doctor has decided that this is the appropriate examination/ procedure for your child's condition. Any alternatives should have already been discussed with you.



## Source

In compiling this information leaflet, a number of recognised professional bodies and accredited good practice guidelines have been used.

Should you have a visual impairment, this leaflet can be made available in bigger print or on audiotape. If you require either of these options, please ring 0161 922 6426.

## Language, Interpretation and Patient Support Service (LIPS):

If you require an interpreter to assist your appointment, please ask an appropriate family member to contact our central booking office between **Monday to Friday 8am to 5pm** on **0161 922 6991** to arrange this for you.

### 語言翻譯及病者支持服務 (LIPS)

如果閣下需要翻譯員在您的預約當日幫助您的話 請找一名合適的家庭成員 **0161 922 6991** 聯絡本中央預約辦事處來您您安排 我們的辦公時間是星期一至星期五 上午 8 時至下午 5 時

## Językowo Tłumaczeniowa Usługa Pomocy dla Pacjenta ( *Language, Interpretation and Patient Support Service* LIPS):

Jeśli potrzebujesz pomocy tłumacza w trakcie swojej wizyty, proszę poprosić odpowiedniego członka rodziny o skontaktowanie się z Centralnym Biurem Zamówień (*Central Booking Office*), w celu zorganizowania tłumacza pomiędzy poniedziałkiem a piątkiem w godzinach od **08:00 - 17:00** pod numerem **0161 922 6991**.

لیٹگو، انٹرپرائٹیشن اینڈ پیٹینٹ سپورٹ سروس (لپس) (Lips)

اگر آپ کو اپنی اپائنٹمنٹ کے لئے مترجم کی مدد کی ضرورت ہو تو براہ مہربانی اپنے خاندان کے کسی موزوں فرد سے کہیں کہ وہ ہمارے سنٹرل بکنگ آفس سے پیر سے جمعہ 8.00 بجے صبح سے 5.00 بجے شام کے دوران 0161 922 6991 پر فون کر کے اس کا بندوبست کریں۔



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**Date created** 25/08/06  
**Date last Updated** 14/09/19  
**Version 1.4**

