

Tameside and Glossop Integrated Care NHS Foundation Trust



Working together to Fight Infection Patient and Relatives/Friends Information Leaflet



If you have a visual impairment this leaflet can be made available in bigger print or on audiotape. If you require either of these options please contact the Patient Information Centre on 0161 922 5332

Language, Interpretation and Patient Support Service (LIPS):

If you require an interpreter to assist your appointment, please ask an appropriate family member to contact our central booking office between **Monday to Friday 8am to 5pm** on **0161 922 6991** to arrange this for you. Further information can be found on the Trust public website <https://www.tamesidehospital.nhs.uk/patients/lips.htm>

語言翻譯及病者支持服務 (LIPS):

如果閣下需要翻譯員在您的預約當日幫助您的話 請找一名合適的家庭成員 **0161 922 6991** 聯絡本中央預約辦事處來您您安排 我們的辦公時間是星期一至星期五 上午 8 時至下午 5 時

Językowo Tłumaczeniowa Usługa Pomocy dla Pacjenta (Language, Interpretation and Patient Support Service LIPS):

Jeśli potrzebujesz pomocy tłumacza w trakcie swojej wizyty, proszę poprosić odpowiedniego członka rodziny o skontaktowanie się z Centralnym Biurem Zamówień (Central Booking Office), w celu zorganizowania tłumacza pomiędzy poniedziałkiem a piątkiem w godzinach od 08:00 - 17:00 pod numerem **0161 922 6991**.

لیگوئج، انٹریپٹیشن اینڈ پیسینٹ سپورٹ سروس (Lips)

اگر آپ کو اپنی اپائنٹمنٹ کے لئے مترجم کی مدد کی ضرورت ہو تو براہ مہربانی اپنے خاندان کے کسی موزوں فرد سے کہیں کہ وہ ہمارے سنٹرل بکنگ آفس سے پیر سے جمعہ 8.00 بجے صبح سے 5.00 بجے شام کے دوران 0161 922 6991 پر فون کر کے اس کا بندوبست کریں۔

Help us to help you It is important that we keep your records up-to-date. If the information about you is incorrect, we may be unable to contact you should we need to inform you about any changes to your appointment. Therefore, if you change your GP/Dentist, address or telephone number, please contact us as soon as possible. Please provide a mobile number where possible as we operate an appointment reminder service via text message.

Author:	Infection Prevention Team
Division:	Specialist Nursing
Version No:	4:0
Ref No:	IC019
Created:	Dec 2008
Date last reviewed:	June 2020
Next review date:	June 2022

The Trust is constantly working to prevent infections and therefore reduce the risks to our patients, visitors and staff, but you & your visitors can also do your bit to help.

This leaflet has been developed to advise patients, their families and visitors on steps they can take to reduce the risk of acquiring an infection during their hospital stay or whilst visiting any of the Trusts healthcare premises / facilities.

Reducing the risk of infection is extremely important for people coming into any healthcare setting. Infections such as MRSA and *Clostridium difficile* are often reported in the media and this can create anxiety in patients and their families.

The following steps can help:

- ✚ **Hand washing** – always wash your hands using soap and water after using the toilet. If using a commode please ask staff to provide you with hand washing facilities. Wash your hands if they are dirty. Wash your hands **before** eating or use wet wipes provided.
- ✚ If you are a parent or a primary carer of a young child help them to wash their hands when they need to.
- ✚ **Alcohol foam sanitiser** is available at the entrance and exit of all wards and situated close to bed spaces. Ask your visitors to wash their hands or use alcohol foam sanitiser before and after they have visited. **If you have been diagnosed with *Clostridium difficile* you and your relatives will have to use soap and water as alcohol foam sanitiser is not effective against *Clostridium difficile* spores.**
- ✚ **It's ok to ask** – staff if they have cleaned their hands before they examine you or your relative.

- ✚ **Personal belongings** – please co-operate with hospital cleaners when they want to clean around your bed and keep personal items to a minimum.
- ✚ **Toiletries** - bring in your own toiletries and do not borrow from or lend to others.
- ✚ **Keep sickness at bay** - encourage visitors who are unwell not to visit until they are better. If they have had sickness and /or diarrhoea they should not visit until they have been free from symptoms for 48 hours. Children should not visit if they have been ill, especially if they have a respiratory illness or with a recent history (within 48 hours) of diarrhoea or vomiting.
- ✚ **Isolation** – if you or the patient you are visiting have an infection and are being nursed in a single room for isolation, please adhere to the isolation procedures. Staff should inform you of the reason for isolation and what you and/or your visitors need to do.
- ✚ **Worried?** – Please feel free to ask us if you are worried about any aspect of your hospital stay and we will be happy to help.

If you have any questions you want to ask, you can use this space below to remind you

If you would like more information

- Ask to speak to a Hospital Infection Prevention Nurse or telephone 0161 922 6194