

URETHROGRAM

What is a urethrogram?

This is an X-Ray test of the urethra, the tube that comes from the bladder through the penis from which you pass urine.

What is the purpose of the examination?

The examination is to look at the urethra and to find out if there is a narrowing within the tube.

Are there any risks in the having a urethrogram?

There are the usual slight risks associated with X radiation.

All X-ray procedures involve exposure to radiation in varying amounts. We are all exposed to small amounts of radiation from the atmosphere throughout our lives. Any amount of diagnostic radiation can add slightly to the normal risk of developing cancer. In all X-ray examinations, the amount of radiation is kept to the minimum necessary. Unfortunately, one in three of us are liable to develop a cancer at some stage during our lives, so the added risk from this test is very small indeed. This risk has to be balanced against the benefits you may achieve by having the procedure.

How long will I be in hospital for?

You will come to the x-ray department and should be prepared to be in the department at least an hour although the actual examination usually takes about 15 minutes.



What happens when I arrive at the department?

A member of staff will check your details and if necessary amend them. You will be asked to change into a cotton gown and wait in a cubicle until the x-ray room is ready for you. No special preparation is needed although you may be asked to empty your bladder before the examination.

What happens during the examination?

This examination will be performed by a radiologist (a doctor specialising in diagnosis using x-rays) with the help of a radiographer and a nurse.

The procedure involves the insertion of a small catheter, (soft fine tube), into the tip of your penis, inflating a small balloon on the end of the catheter to keep the catheter in place. An X-ray dye (contrast agent) is injected through the catheter to outline your urethra during which time X-rays will be taken.

You will be lying on an X-ray bed and you may be asked to move into various positions to have X-rays taken.

What happens after the examination?

You may resume normal activity. You may feel some slight irritation in your urethra after the examination but this is not unusual or abnormal. You may also see a bit of blood in your urine or at the tip of your penis for a day or two. This should disappear but if it persists please contact your referring doctor for advice.

How will I get my results?

The results will be sent to the doctor who sent you for this examination and you can discuss the report with them when you next visit. An appointment will be sent to you if you came as out-patient. If your GP sent you, you need to make an appointment to see them about two weeks after the examination.

Choice

Your doctor has decided that this is the appropriate examination/ procedure for your condition. Any alternatives should have already been discussed with you.

Source

In compiling this information leaflet, a number of recognised professional bodies including NHS Direct and accredited good practice guidelines have been used.



Should you have a visual impairment, this leaflet can be made available in bigger print or on audiotape. If you require either of these options, please ring 0161 922 6426/7

آپنی یف ایہ لٹھی ٲڈتے یا بڑھتے نا ٲآرےن، تآہلے انؤرھ کرے اٹھنیک ہلث ڈیمےر سآٹھ ٹےلیفونے یوگآیوگ کرن 0161 331 5149/5150 ایہ نآہآرے، تھن تآرآ آپنآکے سآہآیآ کرتے ٲآرے۔

ٲآ آٲ آآ مآہیتے ٲآآہی ڈ رآمٲ شآڈے تآہی تآ ڈٲآ ڈہی، آٹھنیک ڈہٹھ ڈیمٹآ 0161 331 5149/5150 تآہر ٲر رآٲڈ نآہی تےآآ آٲنآ ڈہر مہڈ ڈہہی۔

آگر یہ معلومآت ٲڑھ نہیں سکتے ہیں یا آپ کو اس کی سبھ نہیں آتی ہے تو براہ مہربانی آٹھنیک ہیلٹھ ٹیم کے سآٹھ ٹیلی فون نمبر 0161 331 5149/5150 پر رآبط کریں تو وہ آپ کی مدد کر سکیں گے۔

If you have any questions that you would like to ask the Radiology Department Staff when you attend for your examination/procedure, please write them down here and bring this paper with you to aid your memory:

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