

Proctogram

What is a proctogram?

This is a test which will assess the muscles and nerves which allow you to control your bowels.

What are the benefits of having a proctogram?

This examination will help us make the correct diagnosis so we will be able to give you the correct treatment

Are there any risks in having a proctogram?

There are the usual slight risks associated with X Radiation.

Female patients of child bearing age will be asked about their period dates to ensure that they are not pregnant.

All X-ray procedures involve exposure to radiation in varying amounts. We are all exposed to small amounts of radiation from the atmosphere throughout our lives. Any amount of diagnostic radiation can add slightly to the normal risk of developing cancer. In all X-ray examinations, the amount of radiation is kept to the minimum necessary. Unfortunately, one in three of us are liable to develop a cancer at some stage during our lives, so the added risk from this test is very small indeed. This risk has to be balanced against the benefits you may achieve by having the procedure.

How long will I be in hospital for?

You should expect to be in the X-Ray department for between 1 and 2 hours.

Before the examination.

You will be sent a mild laxative with your appointment letter which you should take two nights before the examination. There is no full bowel clear out needed for this examination.



On the day of the examination.

Have nothing to eat or drink for 6 hours before the examination.

IF YOU ARE DIABETIC:-

- Do not come alone. Have a responsible person to accompany you.
- **Bring your medication and appropriate food with you.**
- **You may contact the Diabetic Specialist Nurse for further advice on your diet/medication on 0161 922 6443.**

What happens when I arrive in the department?

A member of staff will check your details and if necessary amend them. After your details have been checked a radiographer or assistant practitioner will give you some barium liquid to drink. You will be asked to drink this in a 10 minute period. This will allow us to see your small bowel on the x-rays during the examination. You will then be asked to wait for approximately 45 minutes. During this time you may leave the x-ray department if you wish and you may have a drink and something to eat. Alternatively you can sit in the x-ray waiting room until it is time for your examination.

What happens during the examination?

You will then be taken into the examination room where the test will be explained to you by an Advanced Practitioner Radiographer who will be carrying out the test.

For female patients, a small amount of jelly mixed with x-ray dye will be inserted into the vagina using a small syringe. You will then be asked to lie on a trolley/bed and a small tube will be inserted into your bottom, and a small quantity of thick barium paste will be injected. The tube will then be removed and you will be helped from the trolley/bed. You will then be asked to sit on a bedpan and perform a few simple manoeuvres, including passing the barium out into the bedpan, so that we can see how the muscles controlling your bowels work. You may feel worried that this is a little undignified but please be reassured that we will do our best to ensure your privacy at all times.

What happens after the examination?

After the test you will be given a brief report of our findings but we may not be able to give you all the results, as it is important to study the images fully before reporting back to your doctor.



How will I get my results?

The results will be sent to the doctor who sent you for this examination and you can discuss the report with them when you next visit. An appointment will be sent to you if you came as out-patient.

Who should I contact if there is a problem following my examination?

For advice, telephone X Ray Ground Floor, Hartshead South Building on 0161 922 6426 during the hours of 9.00am to 5pm, Monday to Friday. Out of hours telephone your GP.

Are there any alternatives?

Your doctor has decided that this is the appropriate examination/ procedure for your condition. Any alternatives should have already been discussed with you.

Any questions?

If you have any questions about the procedure, please ring 0161 922 6426, Monday to Friday 9am to 5pm, or write your questions in this box and bring this leaflet with you.

Source

In compiling this information leaflet, a number of recognised professional and accredited good practice guidelines have been used.



If you have a visual impairment this leaflet can be made available in bigger print or on audiotape. If you require either of these options please contact the Patient Information Centre on 0161 922 5332

Language, Interpretation and Patient Support Service (LIPS):

If you require an interpreter to assist your appointment, please ask an appropriate family member to contact our central booking office between **Monday to Friday 8am to 5pm** on **0161 922 6991** to arrange this for you.

語言 翻譯及病者支持服務 (LIPS)

如果閣下需要翻譯員在您的預約當日幫助您的話 請找一名合適的家庭成員 **0161 922 6991** 聯絡本中

央預約辦事處來您您安排 我們的辦公時間是星期一至星期五 上午 8 時至下午 5 時

Językowo Tłumaczeniowa Usługa Pomocy dla Pacjenta (Language, Interpretation and Patient Support Service LIPS):

Jeśli potrzebujesz pomocy tłumacza w trakcie swojej wizyty, proszę poprosić odpowiedniego członka rodziny o skontaktowanie się z Centralnym Biurem Zamówień (*Central Booking Office*), w celu zorganizowania tłumacza pomiędzy poniedziałkiem a piątkiem w godzinach od **08:00 - 17:00** pod numerem **0161 922 6991**.

لیٹگو، انٹریٹیشن اینڈ پشٹ سپورٹ سروس (لپس)

اگر آپ کو اپنی اپائنٹمنٹ کے لئے مترجم کی مدد کی ضرورت ہو تو براہ مہربانی اپنے خاندان کے کسی موزوں فرد سے کہیں کہ وہ ہمارے سنٹرل بنگ آفس سے پیر سے جمعہ 8.00 بجے صبح سے 5.00 بجے شام کے دوران 0161 922 6991 پر فون کر کے اس کا بندوبست کریں۔

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