

Standard Dose Synachten Test Children's Services

Patient information Leaflet



January 2018

INTRODUCTION

The aim of this leaflet is to give you some information about the Standard Dose Synachten Test.

Your Paediatric Consultant has requested that your child have a Standard Dose Synachten Test. The reason for this should have been discussed with you at the previous clinic appointment.

The test will be carried out as a day case procedure in the Childrens Outpatients Department.

The test can take up to two hours to complete so please allow for this time.

Your child does NOT need to be fasted for this procedure.

THE PROCEDURE

On arrival to the department a Play specialist will prepare your child for the procedure. The Play Specialist will be present throughout to provide distraction and play activities.

A Doctor will put a cannula (a plastic tube) into a vein and take a blood test at the same time. A local anaesthetic spray is used to numb the area prior to this.

The medication (Synachten) is then administered into the cannula as prescribed.

Blood will be taken from the cannula 30minutes and 60 minutes after the medication has been administered.

If we are unable to obtain blood from the cannula the thumb prick method will be used.

The cannula is then removed. **This is the end of the test.**

The results will be discussed with you at a future clinic appointment.

REFERENCES

Hughes IA (1989) Handbook of Endocrine Investigations in Children.

Honour JW Clayton BE (1994) Clinical Biochemistry and the Sick Child. Blackwell. 2nd Edition; p233

Metha A (2003). ACTH insufficiency A Diagnostic Dilemma. Edinburgh

If you have any questions you want to ask, you can use this space below to remind you

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