



Oral Surgery (Maxillofacial)

Patient information Leaflet

February 2020

Advice for parents of children who have had oral surgery.

Your child has been to theatre for oral surgery.

To prevent bleeding your child should avoid the below in the first 24 hours:

- Mouth washing
- Hot drinks or hot food
- Exercise
- Poking their tongue or fingers in the place where the tooth has been extracted
- Chewing hard foods (soft foods are better for the few days following the procedure).

Bleeding

There may be a little oozing. If bleeding occurs bite down on a clean rolled handkerchief (cloth not paper) for 15 minutes whilst sitting in an upright position.

The day following surgery:

1. Mix one level teaspoon of table salt into a tumbler of warm water and rinse mouth after eating, continue this for 3-4 days.
2. Start normal tooth brushing twice daily.

Pain

If your child is in pain they can take Paracetamol every 4 – 6 hours and/or Ibuprofen every 6-8 hours. Please follow the instructions on the bottle/packet and take no more than 4 doses in a 24 hour period for Paracetamol and no more than 3 doses in a 24 hour period for Ibuprofen.

If you need help and advice please contact:

Tameside Oral Surgery Department on 0161 922 6383

Or

North Manchester General on 0161 795 4567 and ask for the oral surgeon 'on call'

If you have any questions you want to ask, you can use this space below to remind you

If you have a visual impairment this leaflet can be made available in bigger print or on audiotape. If you require either of these options please contact the Patient Information Centre on 0161

922 5332

If you require an interpreter, please ask an appropriate person to contact our central booking office between Monday to Friday 8am to 5pm on 0161 922 6991 to arrange this for you.

語言翻譯及病者支持服務 (LIPS):

如果閣下需要翻譯員在您的預約當日幫助您的話 請找一名合適的家庭成員 0161 922 6991 聯絡本中央預約辦事處來您您安排 我們的辦公時間是星期一至星期五 上午 8 時至下午 5 時

Językowo Tłumaczeniowa Usługa Pomocy dla Pacjenta (Language, Interpretation and Patient Support Service LIPS):

Jeśli potrzebujesz pomocy tłumacza w trakcie swojej wizyty, proszę poprosić odpowiedniego członka rodziny o skontaktowanie się z Centralnym Biurem Zamówień (Central Booking Office), w celu zorganizowania tłumacza pomiędzy poniedziałkiem a piątkiem w godzinach od 08:00 - 17:00 pod numerem 0161 922 6991.

لینگویج، انٹرپریٹیشن اینڈ پیٹینٹ سپورٹ سروس (Lips)

اگر آپ کو اپنی اپائنمنٹ کے لئے مترجم کی مدد کی ضرورت ہو تو براہ مہربانی اپنے خاندان کے کسی موزوں فرد سے کہیں کہ وہ ہمارے سنٹرل بکنگ آفس سے پیر سے جمعہ 8.00 بجے صبح سے 5.00 بجے شام کے دوران 0161 922 6991 پر فون کر کے اس کا بندوبست کریں۔

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