



Tameside and Glossop
Integrated Care
NHS Foundation Trust

Medical Management of Miscarriage

Patient information Leaflet

August 2019

What Is Medical Management of Miscarriage

We can now use medicines to treat an early miscarriage without the need for an operation. You may choose this treatment after the diagnosis of a miscarriage has been made. Should you choose medical management you will be given an appointment to attend hospital for your treatment.

The treatment involves:

- Tablets (Misoprostol) to insert into your vagina
- The Misoprostol tablets work by softening the cervix (neck of the womb) and making the womb contract and empty.
- You can stay in hospital to be supported by our staff for as long as you feel necessary.
- You may choose to go home with telephone support at any time.

What Are The Benefits?

You don't have an anaesthetic and the risks associated with surgery.

Are There Any Risks Involved?

1. A few women need a minor operation to empty the womb to control ongoing bleeding when the womb has not completely emptied as expected.
2. There is a small risk of infection. We will advise you on the day of treatment so you know what to look out for and what to do.

What Are The Alternatives?

1. No treatment and let the miscarriage happen naturally with regular follow up in EPAU. This can take 2 - 4 weeks
2. Minor operation to end the miscarriage.

What might I experience during treatment?

1. The tablets can cause some short spells of nausea, vomiting, diarrhoea and feeling shivery.
2. Blood loss - this varies from light to bleeding heavier than a period. You may recognise something that resembles a pregnancy.
3. Pain - you may experience pain like a period or more than a period. Pain relief is readily available and provided for you by the nurse in The Well Woman Clinic

The Day Of Treatment

The Well Woman Clinic nurse will talk with you about miscarriage treatment and offer to look after you in a room with ensuite bathroom for the day. You can go home at any stage with advice on what to expect and ongoing support.

What Happens after I go home?

You will be given a contact number to call at any time for advice. You may experience period-type bleeding for up to 3 weeks after the tablets. You will also be given a pregnancy test to do 3 weeks later. This is to pick up signs of any pregnancy tissue that is still active. One in 100 women need a further test to exclude "Gestational trophoblastic disease" which is a treatable overgrowth of the placenta/pregnancy sac.

If There Is A Problem

If you have any concerns immediately after your treatment, if you are worried about the amount you are bleeding or if you don't feel well, you can contact us as follows

Well Woman Clinic (day time)	0161 922 6273
Early Pregnancy Assessment Unit (daytime)	0161 922 6544
Women's Health Unit (evening, nights and weekends)	0161 922 6201

Other Useful Contacts or Information

You may feel low for a some time after the miscarriage, but as your body returns to normal this should settle. Look after yourself and give yourself time to recover. If you feel it would help to talk to someone about your loss you may contact the Miscarriage Association

Miscarriage Association 01924 200799

If you have any questions you want to ask, you can use this space below to remind you

If you have a visual impairment this leaflet can be made available in bigger print or on audiotape. If you require either of these options please contact the Patient Information Centre on 0161 922 5332

আপনি যদি এই তথ্য পড়তে বা বুঝতে না পারেন, তাহলে অনুগ্রহ করে এথনিক হেলথ টিমের সাথে টেলিফোনে যোগাযোগ করুন 0161 331 5149/5150 এই নাম্বারে, তখন তারা আপনাকে সাহায্য করতে পারবে।

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