



# Information for your child's blood test appointment

## Patient information Leaflet

May 2018

Before you arrive: Your doctor may have prescribed numbing cream (ametop or emla) this should be placed on the inside of both arms and covered with clear plasters (prescribed with the cream) 1hr before your appointment time, we also have fast acting numbing spray if no cream available

#### During the blood test

- The child can sit on their own chair or on the accompanying adults knee
- A special bracelet called a tourniquet is placed around your arm to help find the best vein
- The skin over the selected vein is cleaned with a special wipe
- We insert the tip of a very small needle to collect the blood needed for the test
- There is an lpad available to play on whilst the test is being completed
- After the blood is collected the needle is removed and the site is covered with cotton wool or gauze and finally a plaster

#### An alternative to venepuncture

If only a small amount of blood is needed it is sometimes possible to do a thumb prick test

- Vaseline is placed on the finger or thumb tip
- A small incision is made using the lancet
- Drops of blood are collected into a small container
- Cotton wool is taped around the finger or thumb until the bleeding stops (usually only a few seconds)

Appointments are to be booked in advance by your GP or hospital consultant sending a referral complete with parents address and up to date telephone number and list of tests required by fax to 0161 922 5255 or in writing to :

Children's Outpatients

Phlebotomy Department

Tameside & Glossop Integrated Care NHS Foundation Trust

Fountain Street

Ashton-Under-Lyne

Lancashire

If you have any questions you want to ask, you can use this space below to remind you

If you have a visual impairment this leaflet can be made available in bigger print or on audiotape. If you require either of these options please contact the Patient Information Centre on 0161 922 5332

آپنی بھئی اہی تھہ پڑتے ہا بھتے نا پائےن، تہہلے انورہ کئے ا تھنیک ہلپ ڈیمےر سائے ڈیسفونے یوگایوگ کرنن 0161 331 5149/5150 اہی نائہارے، تھن تارا آپنیکے سائہا کراتے پارہے۔

آپو آہا آا اٹھیتی پانہی ڈ راتھل ہاڈو اٹھیتی تو ڈھما ڈھئی، اٹھاتیڈ ڈےٹھ ڈیٹاٹو 0161 331 5149/5150 اٹھلر پلر ہانپڈ ہاڈو تےآو آہاڈو ڈنر ڈھڈ ڈھڈو۔

اگر یہ معلومات پڑھ نہیں سکتے ہیں یا آپ کو اس کی سمجھ نہیں آتی ہے تو براہ مہربانی آٹھنک ہیلپ لائن کے ساتھ ٹیلی فون نمبر 0161 331 5149/5150 پر رابطہ کریں تو وہ آپ کی مدد کر سکیں گے۔

Document control information

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