



Every contact & every cup counts

Hydration Campaign – July –August 2019



Throughout the summer months, the infection prevention team are supporting the community teams in encouraging patients to stay



hydrated and stay healthy. By providing an information leaflet and a water calendar to encourage increased fluid intake, these easy steps can help to reduce the risk of dehydration and infection.



The elderly are most at risk as they lose their thirst response increasing the risk of dehydration further.



Staff, Think ,Drink More Water check out the ‘refill app’



KEEP HYDRATED FOR THE
WH₂OLE



OF SUMMER

NHS
Tameside and Glossop
Integrated Care
NHS Foundation Trust

