



Tameside and Glossop Integrated Care NHS Foundation Trust

If you have a visual impairment this leaflet can be made available in bigger print or on audiotape. If you require either of these options please contact the Patient Information Centre on 0161 922 5332

Language, Interpretation and Patient Support Service (LIPS):

If you require an interpreter to assist your appointment, please ask an appropriate family member to contact our central booking office between **Monday to Friday 8am to 5pm** on **0161 922 6991** to arrange this for you. Further information can be found on the Trust public website

<https://www.tamesidehospital.nhs.uk/patients/lips.htm>

語言翻譯及病者支持服務 (LIPS):

如果閣下需要翻譯員在您的預約當日幫助您的話 請找一名合適的家庭成員 **0161 922 6991** 聯絡本中央預約辦事處來您您安排 我們的辦公時間是星期一至星期五 上午 8 時至下午 5 時

Językowo Tłumaczeniowa Usługa Pomocy dla Pacjenta (Language, Interpretation and Patient Support Service LIPS):

Jeśli potrzebujesz pomocy tłumacza w trakcie swojej wizyty, proszę poprosić odpowiedniego członka rodziny o skontaktowanie się z Centralnym Biurem Zamówień (Central Booking Office), w celu zorganizowania tłumacza pomiędzy poniedziałkiem a piątkiem w godzinach od 08:00 - 17:00 pod numerem 0161 922 6991.

لیگوئج، انٹرپرائٹیشن اینڈ پیٹینٹ سپورٹ سروس (Lips)

اگر آپ کو اپنی اپائنٹمنٹ کے لئے میزجم کی مدد کی ضرورت ہو تو براہ مہربانی اپنے خاندان کے کسی موزوں فرد سے کہیں کہ وہ ہمارے سنٹرل بک آفس سے پیر سے جمعہ 8.00 بجے صبح سے 5.00 بجے شام کے دوران 0161 922 6991 پر فون کر کے اس کا بندوبست کریں۔

Help us to help you It is important that we keep your records up-to-date. If the information about you is incorrect, we may be unable to contact you should we need to inform you about any changes to your appointment. Therefore, if you change your GP/Dentist, address or telephone number, please contact us as soon as possible. Please provide a mobile number where possible as we operate an appointment reminder service via text message.

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Legionnaires Disease Patient Information Leaflet

What is Legionnaires Disease?

Legionnaires disease is a lung infection (pneumonia) caused by the bacteria (germ) *Legionella pneumophila*. Around 400-550 cases are currently reported each year in England. Around one third of these cases are associated with travel abroad.

Where is the Legionella bacteria found?

It is widely distributed in the environment and has been found in:-

- Ponds and rivers
- Hot and cold water systems
- The water in air conditioning cooling systems.
- Spa Pools

How is Legionnaires Disease spread?

- The most common way to contract Legionnaires disease is through inhaling water droplets containing the bacteria.
- It is not spread person to person.

Who is at risk?

For people who are healthy the risk is extremely low. However the risk is increased for:-

- People over the age of 50 years
- Men more than women
- Individuals whose immune system is suppressed.
- Patients with chronic lung disease.

What are the symptoms?

- 'Flu-like' illness
- Muscle aches
- Tiredness
- Headaches
- Dry cough
- High fever (39.5°C - 103°F)
- Sometimes diarrhoea and confusion may develop.

How soon do the symptoms occur?

The time between exposure to the bacteria and onset of symptoms (incubation period) is between 2 and 19 days – usually 6 to 7 days.

How is it diagnosed?

It is diagnosed by testing urine and blood.

What is the treatment?

Treatment is with appropriate antibiotics.

REFERENCES Public Health England

https://www.gov.uk/search?q=Legionnaires+Disease+++&show_or_ganisations_filter=true

www.hse.gov.uk/legionnaires

Clinton. B.A. (2016) Legionnaires' disease. The Lancet 387:376-85

If you have any questions you want to ask, you can use this space below to remind you