



GASTROSCOPY WITH/ WITHOUT SEDATION

Patient information Leaflet

September 2018

After your Discharge

It is important that you have nothing to eat or drink until the numbness in your throat has worn off. This may take 30 minutes.

You may have a sore throat for 24 – 48 hours.

If you experience severe pain in the chest, neck or abdomen, you should report this to a doctor at once or telephone the unit.

If you have had sedation: Yes No

You must not:

Go home alone, and you must have a responsible adult with you for the next 4 hours.

For 24 hours after your sedation you must not:

- Drive
- Operate any machinery (including kitchen appliances)
- Sign legally binding documents.
- Drink any alcohol
- Work

Your nurse will indicate if, as part of the procedure today, we have stretched your gullet.

- Yes
 No

If 'yes', please follow the bullet points below. If 'no', please ignore.

Drinks can be taken, though you should not eat solid food for ___ hours.

- A soft diet can then be commenced, building up to a normal diet over the next ___ hours.
- You may experience a mild sore throat/upper chest for a day or two.
- If you vomit blood, have difficulty breathing or experience severe pain in the chest, neck or abdomen; you should report this to a doctor at once or telephone the unit.

Follow up arrangements:

Endoscopy report given & explained? Yes No

Patient has been discharged back to GP care. Yes No

Further investigations have been arranged. Yes No

If you have any concerns, please feel free to speak with one of the Staff Nurses on the Endoscopy Unit.

Contact us

Endoscopy Unit:

Tel. 0161 922 6212 from 8am – 6pm

TEL. 01619224917 from 6pm-8am

If you have any questions you want to ask, you can use this space below to remind you

If you have a visual impairment this leaflet can be made available in bigger print or on audiotape. If you require either of these options please contact the Patient Information Centre on 0161 922 5332

آپنی ہدی اہی تہا پڈتے ہا بھتے نا پارےن، تہلے انورہ کرے ا ٲنیک ہلڈ ٲیمےر ساٲے ٲےلہفونے ہوہاہوہا کرن 0161 331 5149/5150 اہی ناہارے، تہن تہا آپناکے ساہاہا کرہتے پارہے۔

ٲو آہا آا آاھلی آاآی ڈ ہاہا ہاڈو لہڈی آو ڈہا ڈہی، آہاآی ڈ ڈہا ڈیہا ڈیہا
0161 331 5149/5150 لہڈے ہر ہاآڈ ہاڈو آہا آہا ڈہر ہاڈے ڈہا۔

اگر یہ معلومات پڑھ نہیں سکتے ہیں یا آپ کو اس کی سمجھ نہیں آتی ہے تو براہ مہربانی آہٹنک ہیلٲھ ٹیم کے ساتھ ٹیلی فون نمبر
0161 331 5149/5150 پر رابطہ کریں تو وہ آپ کی مدد کر سکیں گے۔

Document control information

Author: Sarah Irvine
Division/Department: Endoscopy Unit
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