

FLOW RATE AND BLADDER SCAN

AN INFORMATION LEAFLET

Written by: Department of Urology

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Stockport: 0161 419 5698

Website: www.stockport.nhs.uk

Tameside: 0161 922 6696/6698

Website: www.tameside.nhs.uk

Macclesfield: 01625 661517

What is a Flow Rate?

This test records the rate at which you pass urine and the amount you pass. It is carried out to assess the changes you have experienced in your usual flow of urine.

To record this information, you will be asked to pass urine into a special machine, within a private room.

What Is A Bladder Scan?

After your flow rate test, it may be necessary to scan your abdomen to determine whether you have emptied your bladder fully or retained some urine. This is a painless procedure. A small amount of gel is put on your abdomen and an ultrasound probe is used to obtain a picture of your bladder onto a screen. Any residual urine is shown on the screen and the volume is calculated.

Are There Any Risks Involved?

There are no side effects to either of these tests and you can resume your normal activities immediately afterwards.

On The Day of the Procedure

You can eat and drink as normal before your appointment.

For an accurate flow rate recording to be achieved, we require you to have a (comfortably) full bladder before passing urine (this is usually the same feeling you would have when you normally go to the toilet at home). If you pass less than 150mls of urine the test results may not be able to be analysed, which may mean that you will need to repeat the test on another visit to clinic.

If possible we would like you to drink several cups of fluid (maximum of four to five glasses of water would be appropriate) before attending the urology clinic, and not to pass urine until you have spoken to a nurse.

If you do not feel ready to do the test when you arrive at the clinic, you will be given a drink. The length of time you need to stay in the department depends upon when you are able to perform a **satisfactory** flow test.

****Arriving at the department with a full bladder will reduce your waiting time, although if you experience problems such as frequency or urgency, we understand it may be difficult for you to travel with a full bladder.**

What Happens After The Procedure?

After your flow rate test and scan, the nurse or doctor will speak to you or write to you about the results and any subsequent treatment and/or any necessary further appointments.

Other Useful Contacts or Information

If you have any questions you want to ask, you can use this space below to make notes to remind you.

Source

In compiling this information leaflet, a number of recognised professional bodies have been used, including the British Association of Urological Surgeons. Accredited good practice guidelines have been used.

If you have a visual impairment this leaflet can be made available in bigger print or on audiotape. If you require either of these options please contact the Health Information Centre on 0161 922 5332

If you would like any further information please telephone the Urology Nurse Specialists at your local Urology Department on:

Stepping Hill	0161 419 5695
Tameside	0161 922 6696/6698
Macclesfield	01625 661517

آپنی یف ای تہی پڑتے یا بڑتے نا پآرےن، تہلے انورہ کرے ا تہنیک ہلث ٹیمےر سآتھ ٹےلیفونے یوگآیوگ کرن 0161 331 5149/5150 ای ناسآرے، تہن تآرآ آپنآکے سآہآی کر تے پآرے۔

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0161 331 5149/5150 نآہر پآر سآپہنی سآہنی تہی سآہنی سآہنی سآہنی۔

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0161 331 5149/5150 پر رآبطہ کریں تو وہ آپ کی مدد کر سکیں گے۔

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