



The Early Pregnancy Assessment Unit

Patient information Leaflet

June 2018

Please read this information carefully

Why have I been asked to go to the Early Pregnancy Assessment Unit (EPAU)?

The EPAU is a clinic which assesses women in early pregnancy who have bleeding and/or pain. You must have had a positive pregnancy test before you can be seen at this clinic. Your GP, Midwife or A & E doctor will have arranged your appointment for you.

We aim to find out the problem and offer you advice, support and any treatment which may be needed.

This leaflet aims to help you prepare for your appointment. We are all here to make your visit to our Unit as comfortable and safe as possible. If you have any questions, please ask. We are here to help.

Where is the EPAU?

The EPAU is situated within the Women's Health Unit which is located on the first floor of the Hartshead Building North.

Please report to the receptionist on arrival.

Is there a charge for car parking?

There is a multi-storey car park located on Fountain Street. This is a barrier operated car park. Payment must be made at the pay stations before returning to your car.

Current charges are displayed at the pay stations. There are also other parking areas which currently are pay and display areas.

Can I bring someone with me?

You are welcome to bring your partner or a friend with you. If you are having a scan, with your permission, one person will be allowed into the scan room with you.

How long will I be there?

Unfortunately, we cannot tell you how long you will need to be here as times will vary. You may be here as little as two hours but it could be longer.

What will happen during my visit?

- A nurse will ask you some questions about your general health and your pregnancy.
- She may then take a blood sample from you.
- You may have a scan. As it is important you have a full bladder for the scan, you should drink about two pints of water before you come to your clinic appointment. You must not go to the toilet to pass urine until after the scan has been done.

What is a scan?

A scan is a test which helps us look at your baby. It is usually done by a sonographer (a person who specialises in ultrasound). Before the scan, some clear gel is put onto your abdomen (tummy). A small hand held instrument is then gently rubbed over the area. This shows a picture on screen of your baby's development.

Sometimes, this type of scan cannot tell us everything we need to know and you may be offered a vaginal scan.

This involves a specially designed scanner/camera being placed a little way into your vagina. To make sure everything is kept clean, a condom-like cover is put over the scanner.

****It is important you tell us if you allergic to LATEX.****

Neither of these scans will do any harm to you or your baby.

What happens next?

A nurse or doctor will explain the results of your scan to you. The doctor may ask to examine you to help them decide what to do next.

- If the scan shows your baby's heartbeat and you have little or no bleeding or pain, you will be allowed home and offered reassurance and advice on how to look after yourself and your baby.

You may need to stay in hospital if:

- You still have pain and/or heavy bleeding
- You have suffered a miscarriage
- The doctor thinks you may have a pregnancy that is not in the womb (an ectopic pregnancy)

Before leaving the Unit, we will make sure...

- You know what, if anything has happened and have information about your condition.
- You fully understand any further tests which may be needed.
- You have details of a further appointment if one is required.
- Any tablets or medicines you may need, and
- Contact numbers which you may find useful.

Will you tell my GP?

With your permission, we will make sure a copy of your results is sent to your GP the same day as your appointment with us.

Is there anyone I can talk to if I'm worried or need some more advice?

You should contact your GP direct or telephone:

EPAU

0161 922 6544

(Out of clinic hours your call will be put through to the in-patient ward)

Your Appointment Details

An appointment has been made for you to go to the Early Pregnancy Assessment Unit (EPAU) in the

Women's Health Unit,
Tameside Hospital NHS Foundation Trust

Day: _____

Date: _____

Time: _____

Please remember, it is important you have a full bladder for the scan. You should try and drink about two pints of water before your appointment and must not go to the toilet to pass urine until after the scan.

IT IS IMPORTANT TO TELEPHONE THE UNIT IF YOU CAN NOT ATTEND FOR YOUR APPOINTMENT.

(This means we can then use your appointment for other patients)

Any problems or concerns, please call us on:

EPAU	0161 922 6544
IN-PATIENTS WARD	0161 922 6201

If you have any questions you want to ask, you can use this space below to remind you

If you have a visual impairment this leaflet can be made available in bigger print or on audiotape. If you require either of these options please contact the Patient Information Centre on 0161 922 5332

آپنی یف ائی تہا پڑتے ہا بھتے نا پائےن، تاہلے انؤرھ کرے ا ٹنیک ہلڈ ٹیمےر ساہے ٹےلپفونے یوگاؤوگ کڈن 0161 331 5149/5150 ائی ناہارے، تہن تارا آپناکے ساہا کراڈے پارہے ا

آپو آہا آہ اٹھتی پانہی ڈ ناہنڑ ہاڈا لٹھ تہ لڑا ہڈی، آہاڈی ڈ ڈےہ ڈیٹاڈی
0161 331 5149/5150 لٹہر ہر ہاڈی ڈاڈی تہا آہاڈے ہڈر ڈڈے ڈڈے

اگر یہ معلومات پڑھ نہیں سکتے ہیں یا آپ کو اس کی سمجھ نہیں آتی ہے تو براہ مہربانی آٹھنک ہیلتھ ٹیم کے ساتھ ٹیلی فون نمبر
0161 331 5149/5150 پر رابطہ کریں تو وہ آپ کی مدد کر سکیں گے۔

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