

# Day Surgery Unit

## *Information for patients having operations/procedures under local anaesthesia*

### Patient information Leaflet

Your Consultant Surgeon has decided that you need an operation/procedure. Because your operation/procedure requires only local anaesthesia, it can take place on the Day Surgery Unit.

Revised August 2020

## **Do I need to do anything in preparation for my surgery?**

If you become unwell, develop a cough or cold or cannot come to your appointment for any reason, please call us. Another patient may be able to benefit from your cancellation. The number to call will be printed on your appointment letter.

Although not essential, you may like to arrange for someone to collect you after the procedure/operation.

## **The day of your operation**

Please bring:

- a list of medication that you are taking, including inhalers
- a dressing gown and slippers
- a book/personal stereo/something to help pass the time

Please do not bring any valuables with you, as we have no lockable storage.

Please remove any nail varnish and make-up, and any body piercing/jewellery.

## **On arrival**

On arrival to the unit you will book in at Reception, please tell staff of any changes to your personal details.

Please be advised that our waiting room is primarily for patients. **Relatives/friends will not be able to accompany you to the ward area.**

Anyone providing an escort home is welcome to take the contact telephone number and get a guide time from nursing staff as to when to phone later for information. Restaurant & cafes are available - please ask Receptionist for details.

You will be admitted by a member of the Nursing staff either in an admission area or on the ward area. They will complete any relevant nursing documentation. Please inform the nurse if you require a fit for work (sick) note.

The operating lists can be all day lists or morning or afternoon only. Please be prepared to be in the Unit for a few hours. We will have asked you to come to hospital at a particular time in order to prepare you for your operation. However sometimes things change – an emergency may take priority on the operating list or a piece of equipment may not be available until a certain time (e.g. specialist x-ray equipment) - so we cannot guarantee the exact time of your operation. We will try to keep you informed if there are any changes or delays.

If at any point you have any questions regarding your waiting time, please ask a member of the nursing team who will find out the information for you.

Your surgeon will ask you to sign a consent form for the operation and if necessary, will mark your skin with a pen to highlight the operation site.

## **After the operation**

After the operation you will either be transferred back to the Day Surgery or Admissions area.

The Nursing staff will monitor you and any wound site will also be checked. Refreshments

will be provided if you want and after a short period of rest you can go home.

The Nurse will give you post-operative advice and information specific to your procedure along with contact telephone numbers in case you have any concerns once you get home.

If you require a follow up appointment in Outpatients Clinic, this will be requested by the Nurse and you will receive an appointment letter in the post.

If you have sutures (stitches) or skin clips that require removal or your Surgeon has requested a 'wound check', a referral to the District Nursing team will be completed. The nurse will explain all this before you go home.

**If you require simple painkillers following your surgery (Paracetamol, Ibuprofen, CoCodamol 8/500), the hospital will not supply these. These medications can be purchased over the counter and you must ensure you have a supply of painkillers at home before coming in for your surgery.**

### **Once you are at home**

If you are worried about anything, contact your GP or call the Day Surgery unit on 0161 922 4917.

In the unlikely event of an emergency go to your nearest Accident and Emergency (A&E) department. NHS 111 is available 24 hours a day for advice.

If you have any questions you want to ask, you can use this space below to remind you.

If you have a visual impairment this leaflet can be made available in bigger print or on audiotape. If you require either of these options please contact the Patient Information Centre on 0161 922 5332

If you require an interpreter, please ask an appropriate person to contact our central booking office between Monday to Friday 8am to 5pm on 0161 922 6991 to arrange this for you.

**語言 翻譯及病者支持服務 (LIPS):**

如果閣下需要翻譯員在您的預約當日幫助您的話 請找一名合適的家庭成員 **0161 922 6991** 聯絡本中  
央預約辦事處來您您安排 我們的辦公時間是星期一至星期五 上午 8 時至下 午5時

**Językowo Tłumaczeniowa Usługa Pomocy dla Pacjenta (Language, Interpretation and Patient Support Service LIPS):**

Jeśli potrzebujesz pomocy tłumacza w trakcie swojej wizyty, proszę poprosić odpowiedniego członka rodziny o skontaktowanie się z Centralnym Biurem Zamówień (*Central Booking Office*), w celu zorganizowania tłumacza pomiędzy poniedziałkiem a piątkiem w godzinach od 08:00 - 17:00 pod numerem **0161 922 6991**.

لیٹگوئج، انٹریپریٹیشن اینڈ پیڈنٹ سپورٹ سروس (لپس Lips)

اگر آپ کو اپنی اپائنٹمنٹ کے لئے مترجم کی مدد کی ضرورت ہو تو براہ مہربانی اپنے خاندان کے کسی موزوں فرد سے کہیں کہ وہ ہمارے سنٹرل  
بنگ آفس سے پیر سے جمعہ 8.00 بجے صبح سے 5.00 بجے شام کے دوران 0161 922 6991 پر فون کر کے اس کا بندوبست کریں۔

**Document Control Information**

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