

Day Surgery Unit

Information for patients having operations under General/Spinal anaesthesia

Patient information Leaflet

Due to the nature of your operation, it is planned to look after you on the Day Surgery Unit. The Unit is on the 1st floor of the Hartshead South Building.

Do I need to do anything in preparation for my surgery?

If you become unwell, develop a cough or cold or cannot come to your appointment for any reason, please call us. Another patient may be able to benefit from your cancellation. The number to call will be printed on your appointment letter.

Please make arrangements for a responsible adult to collect you from the unit when you are ready to go home. You also need a responsible adult to be with you overnight.

Please ensure you have a supply of painkillers (as pre op information) at home.

The day of your operation

Make sure you follow the starving instructions given to you at pre-op.

Please bring:

- a list of medication that you are taking, including inhalers
- a dressing gown and slippers
- a book/personal stereo/something to help pass the time

Please do not bring any valuables with you, as we have no lockable storage.

Please remove any nail varnish, false nails and make-up, and any body piercing/jewellery.

On arrival

On arrival to the unit you will book in at Reception, please tell staff of any changes to your personal details.

Please be advised that our waiting room is primarily for patients. **Relatives/friends will not be able to accompany you to the ward area.**

Anyone providing an escort home is welcome to take the contact telephone number and get a guide time from nursing staff as to when to phone later for information. Restaurant & cafes are available - please ask Receptionist for details.

You will be admitted by a member of the Nursing staff either in an admission area or on the ward area. They will complete any relevant nursing documentation. Please inform the nurse if you require a fit for work (sick) note.

The operating lists can be all day lists or morning or afternoon only. Please be prepared to be in the Unit for a few hours. We will have asked you to come to hospital at a particular time in order to prepare you for your operation. However sometimes things change – an emergency may take priority on the operating list or a piece of equipment may not be available until a certain time (e.g. specialist x-ray equipment) - so we cannot guarantee the exact time of your operation. We will try to keep you informed if there are any changes or delays.

If at any point you have any questions regarding your waiting time, please ask a member of the nursing team who will find out the information for you.

Your surgeon will ask you to sign a consent form for the operation and will mark your skin with a pen to highlight the operation site.

After the operation

After the operation you will be transferred back to the Day Surgery area.

The Nursing staff will monitor you and any wound site will also be checked.

You will be able to go home after an appropriate recovery time, dependent on the type of operation, but this will be at least 2 hours after return to the unit.

The Nurse will give you post-operative advice and information specific to your procedure along with contact telephone numbers in case you have any concerns once you get home.

If you require a follow up appointment in Outpatients Clinic, this will be requested by the Nurse and you will receive an appointment letter in the post.

If you have sutures (stitches) or skin clips that require removal or your Surgeon has requested a 'wound check', a referral to the District Nursing team will be completed. The nurse will explain all this before you go home.

Once you are at home

If you are worried about anything, contact your GP or call the Day Surgery unit on 0161 922 4917.

In the unlikely event of an emergency go to your nearest Accident and Emergency (A&E) department.

NHS 111 is available 24 hours a day for advice.

If you have any questions you want to ask, you can use this space below to remind you.

If you have a visual impairment this leaflet can be made available in bigger print or on audiotape. If you require either of these options please contact the Patient Information Centre on 0161 922 5332

آپنی یقی ایہ تہی پڑتے ہا بڑتے نا پآرےن، تہلے انؤتھہ کرے ا ہنیک ہلث ٹیمےر سآتھ ٹےلیفونے یوگآیوگ کرن 0161 331 5149/5150 ایہ نآنہآرے، تہن تآرآ آپنآکے سآہیہ کرےتے پآرہے۔

آپ آہ آ مآہیتی آآہی ہ مآش ہآہ آہی تآ ہرآ ہہی، آہتآہ ہلث ٹیمےر آہی
0161 331 5149/5150 آہلہر ہر ہآہہ ہآہی تےآ آہتآ ہر مہہ ہہہ۔

آگر یہ معلومآت پڑھ نہیں سکتے ہیں یا آپ کو اس کی سمجھ نہیں آتی ہے تو براہ مہربانی آہتھنک ہیلتھ ٹیم کے سآتھ ٹیلی فون نمبر
0161 331 5149/5150 پر رآبط کریں تو دہ آہ کی مدد کر سکیں گے۔

Document Control Information

Author:	Trudi Burns, Sister
Division/Department:	Elective/Day Surgery Unit
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