



Tameside and Glossop  
Integrated Care  
NHS Foundation Trust

# **COLPOSCOPY LOOP EXCISION/LETZ AT FIRST VISIT SEE AND TREAT**

Patient information Leaflet

January 2020



The result of your smear test indicates that it is most likely that you will need to have treatment to remove the abnormal skin on the neck of the womb (cervix). This will be done by a method called loop excision/LETZ treatment and your appointment should last around 20 minutes.

The staff at the clinic will explain in more detail why and how you will be treated and will only go ahead if you agree. Having the treatment at your first visit to the Colposcopy clinic means you will not have to come back for treatment and this will save you a further visit. However, if you wish, you can have an examination only and treatment carried out at a later date.

The treatment involves having the area of abnormal cells removed using a wire loop heated by electricity. You will have a sticky electrode pad placed on your thigh and you will have some local anaesthetic put into the cervix. You can eat and drink as normal before and after your treatment and you should be able to go home shortly after treatment.

If you want to bring a friend or relative with you, please do so.

If you use a coil for contraception, it will need to be removed at your appointment before you have your treatment. You should use an additional contraceptive method such as condoms or not have sexual intercourse for the seven days before your appointment. Your coil can be replaced 6 weeks after the treatment.

The cervix will take about four weeks to heal during which time you will have some light bleeding or discharge.

We recommend you use sanitary pads and not tampons for FOUR weeks.

You should not have sexual intercourse for FOUR weeks.

You should use a shower/body wash rather than a bath and avoid swimming and exercise until the discharge stops.

If you are planning on going abroad and we have sent you an appointment for treatment please call to let us know. We would normally suggest that you do not travel abroad for 4-6 weeks following the treatment. This is because of the risk of bleeding and your travel insurance may not cover you.

In order to check that the treatment has been effective you will receive an appointment to attend our Nurse Smear Clinic about 6 months after your treatment has been carried out.

On occasion there may be a Doctor, (trainee GP) or student Doctor present in clinic. They are there to learn about Colposcopy, however if you would prefer no extra people in the clinic please let us know.

## OTHER USEFUL CONTACTS OR INFORMATION

NHS Direct  
Patient Information Centre

## SOURCE OF GOOD PRACTICE

If you have any questions you want to ask, you can use this space below to remind you

If you have a visual impairment this leaflet can be made available in bigger print or on audiotape. If you require either of these options please contact the Patient Information Centre on 0161 922 5332

If you require an interpreter, please ask an appropriate person to contact our central booking office between Monday to Friday 8am to 5pm on 0161 922 6991 to arrange this for you.

### 語言翻譯及病者支持服務 (LIPS):

如果閣下需要翻譯員在您的預約當日幫助您的話 請找一名合適的家庭成員 0161 922 6991 聯絡本中央預約辦事處來您您安排 我們的辦公時間是星期一至星期五 上午 8 時至下午 5 時

### Językowo Tłumaczeniowa Usługa Pomocy dla Pacjenta (*Language, Interpretation and Patient Support Service* LIPS):

Jeśli potrzebujesz pomocy tłumacza w trakcie swojej wizyty, proszę poprosić odpowiedniego członka rodziny o skontaktowanie się z Centralnym Biurem Zamówień (*Central Booking Office*), w celu zorganizowania tłumacza pomiędzy poniedziałkiem a piątkiem w godzinach od 08:00 - 17:00 pod numerem 0161 922 6991.

لیٹگوئج، انٹریپریٹیشن اینڈ پیٹینٹ سپورٹ سروس (Lips)

اگر آپ کو اپنی اپائنمنٹ کے لئے مترجم کی مدد کی ضرورت ہو تو براہ مہربانی اپنے خاندان کے کسی موزوں فرد سے کہیں کہ وہ ہمارے سنٹرل بکنگ آفس سے پیر سے جمعہ 8.00 بجے صبح سے 5.00 بجے شام کے دوران 0161 922 6991 پر فون کر کے اس کا بندوبست کریں۔

## Document control information

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