



Tameside and Glossop  
Integrated Care  
NHS Foundation Trust

# **COLPOSCOPY COLD COAGULATION**

**(General Anaesthetic)**

Patient information Leaflet

September 2017

Further to your recent visit to the Colposcopy clinic, we can now confirm that you need some treatment to the neck of the womb (cervix). An appointment will be forwarded to you to have a treatment called cold coagulation/diathermy as a day case under general anaesthetic. This means you will be asleep. You will receive 2 appointments, one to see the pre-op nurse and one for the treatment. If the dates are inconvenient you can ring to change.

The treatment involves having the area of abnormal cells removed by destroying the area with heat.

Following a general anaesthetic, you will be required to stay in the Day Surgery Unit for at least 2 hours after the procedure. You must have someone who can take you home following a general anaesthetic and a responsible adult needs to stay with you overnight.

If you are on a heavy period would you please contact the clinic on 0161 331 6168 to check that your treatment can go ahead.

If you use a coil for contraception, it will need to be removed at your appointment before you have your treatment. You should use an additional contraceptive method such as condoms or not have sexual intercourse for the seven days before your appointment. Your coil can be replaced 6 weeks after the treatment.

The cervix will take about four weeks to heal during which time you will have some light bleeding or discharge.

We recommend you use sanitary pads and not tampons for FOUR weeks. You should not have sexual intercourse for FOUR weeks.

You should use a shower/body wash rather than a bath and avoid swimming and exercise until the discharge stops.

In order to check that the treatment has been effective you will receive an appointment to attend our Nurse Smear Clinic about 6 months after your treatment has been carried out.

If you are planning on going abroad and we have sent you an appointment for treatment please call to let us know. We would normally suggest that you do not travel abroad for 4-6 weeks following the treatment. This is because of the risk of bleeding and your travel insurance may not cover you.

In order to check that the treatment has been effective you will receive an appointment to attend our Nurse Smear Clinic about 6 months after your treatment has been carried out.

On occasion there may be a Doctor, (trainee GP) or student Doctor present in clinic. They are there to learn about Colposcopy, however if you would prefer no extra people in the clinic please let us know.

## Other Useful Contacts Or Information

NHS Direct  
Patient Information Centre

## Source Of Good Practice

If you have any questions you want to ask, you can use this space below to remind you

If you have a visual impairment this leaflet can be made available in bigger print or on audiotape. If you require either of these options please contact the Patient Information Centre on 0161 922 5332

آپنی یہی اہی تہا پڑتے ہا بڑھتے نا پائےن، تاہلے انورہ کرے اٹھنیک ہلڈھ ڈیمےر ساہے ڈےلیفونے  
ہوگاہوگا ہڈنن 0161 331 5149/5150 اہی ناہارے، تہن تارا آپناکے ساہاہا کرڈے پارہے۔

آپو آہا آہ اہاہی ڈاہی ڈے ناہل ہاڈو لہی تو ڈہا ڈہی، اہاڈو ڈےڈہ ڈیڈو  
0161 331 5149/5150 ڈاڈر ہر ڈاڈر ڈاڈو ڈےآو آہڈو ڈڈر ڈڈر ڈڈر۔

اگر یہ معلومات پڑھ نہیں سکتے ہیں یا آپ کو اس کی سمجھ نہیں آتی ہے تو براہ مہربانی ہسٹیک ہیلڈ ٹیم کے ساتھ ٹیلی فون نمبر  
0161 331 5149/5150 پر رابطہ کریں تو وہ آپ کی مدد کر سکیں گے۔

## Document control information

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**Date Created:** April 2013  
**Date Reviewed** September 2017  
**Reference Number:** GYAE028  
**Version:** 2.0