



Caesarean Section:

What to do before your operation

April 2020

You have been booked for a planned caesarean section for the birth of your baby on:

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Three days before your surgery

- You will need a pre op swab

On atam/pm, come to the Maternity Triage Department on the ground floor of the Charlesworth Building for this swab (enter the building by the door near the antenatal clinic).

On the night before your surgery

- 10pm - Take one 20mg omeprazole tablet
- Do not eat any food (or drink anything other than water) after midnight
- Do not chew bubble gum or chewing gum after midnight
- You can continue to drink water until 6.30am

On the morning of your surgery

- Have a shower or bath
- 6.45am – Arrive at Central Delivery Suite (CDS) on the ground floor of the Charlesworth Building. You will have a blood test before your surgery. You will also meet the midwifery, obstetric and anaesthetic teams.
- 7am - Take one 20mg omeprazole tablet and one 10mg metoclopramide tablet with a sip of water

Notes

- If you wish to perform a bikini line shave, please do this at least 3 days before your planned operation date. (This is to reduce the chance of an infection developing at the wound site.)
- Planned caesarean sections are usually done in the morning but occasionally there is a delay until the afternoon. Very occasionally, caesarean sections are rearranged for a different day. We appreciate how disruptive this is. The decision is only made when there is no other safe option.
- If your caesarean section is being done because your baby is in a breech (bottom first) position, if the pre-op scan shows that your baby is head down, the operation will be cancelled and you will return to normal antenatal care.

If you have any queries regarding your admission, you can contact the antenatal clinic on 0161 922 6164 or CDS on 0161 922 6173.

If you have any questions you want to ask, you can use this space below to remind you

If you have a visual impairment this leaflet can be made available in bigger print or on audiotape. If you require either of these options please contact the Patient Information Centre on 0161 922 5332

If you require an interpreter, please ask an appropriate person to contact our central booking office between Monday to Friday 8am to 5pm on 0161 922 6991 to arrange this for you.

語言翻譯及病者支持服務 (LIPS):

如果閣下需要翻譯員在您的預約當日幫助您的話 請找一名合適的家庭成員 0161 922 6991 聯絡本中央預約辦事處來您您安排 我們的辦公時間是星期一至星期五 上午 8 時至下午 5 時

Językowo Tłumaczeniowa Usługa Pomocy dla Pacjenta (Language, Interpretation and Patient Support Service LIPS):

Jeśli potrzebujesz pomocy tłumacza w trakcie swojej wizyty, proszę poprosić odpowiedniego członka rodziny o skontaktowanie się z Centralnym Biurem Zamówień (Central Booking Office), w celu zorganizowania tłumacza pomiędzy poniedziałkiem a piątkiem w godzinach od 08:00 - 17:00 pod numerem 0161 922 6991.

لینگوئج، انٹرپرائٹیشن اینڈ پیسٹنٹ سپورٹ سروس (لپس Lips)

اگر آپ کو اپنی اپائنٹمنٹ کے لئے مترجم کی مدد کی ضرورت ہو تو براہ مہربانی اپنے خاندان کے کسی موزوں فرد سے کہیں کہ وہ ہمارے سنٹرل بنگ آفس سے پیر سے جمعہ 8.00 بجے صبح سے 5.00 بجے شام کے دوران 0161 922 6991 پر فون کر کے اس کا بندوبست کریں۔

Document control information

Author: Victoria Hall
Division/Department: O&G
Date Created: April 2020
Reference Number:
Version: 1.0