

# **COLPOSCOPY LETZ TREATMENT AFTER CARE**

## **Patient information Leaflet**

**September 2017**

You now have a raw area on your cervix, which will take about four weeks to heal.

You will have some bleeding, changing to a brownish discharge for about three to four weeks.

**In order to avoid any infection, it is advisable to:**

Use sanitary pads and not tampons for FOUR weeks.

Not have sexual intercourse for FOUR weeks.

Use shower/full body wash for two weeks rather than a bath and avoid swimming and exercise until the discharge stops.

If you suddenly start to have bright red, heavy bleeding, please rest and ring for further advice. This does not happen often but we feel that if you are aware of its possibility and know what to do then you will be reassured.

We will write to you with the results in three to four weeks

**If you have any problems or wish to discuss anything further please do not hesitate to contact the clinic on:  
0161 922 6168 to speak to a Colposcopy nurse for advice.  
(Colposcopy Secretary 0161 922 6167).**



### Document control information

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