

COLPOSCOPY COLD COAGULATION

Patient information Leaflet

January 2020

Further to your recent visit to the Colposcopy clinic, we can now confirm that you need some treatment to the neck of the womb (cervix). An appointment will be made for you to have a treatment called Cold coagulation as an outpatient at the clinic.

Your appointment should last around 20 minutes and you should be able to go home shortly after treatment. If you want to bring a friend or relative with you, please do so.

Cold coagulation involves having a heated probe placed onto the cervix and the abnormal cells are destroyed. Although this treatment uses heat, it is called cold coagulation because in comparison to other heat treatments, it is relatively cold.

You will have some local anaesthetic put into the cervix before the treatment starts and you can eat and drink as normal before and after the treatment.

If you are on a heavy period would you please contact the clinic on 0161 922 6168 to check that your treatment can go ahead.

If you use a coil for contraception, it will need to be removed at your appointment before you have your treatment. You should use an additional contraceptive method such as condoms or not have sexual intercourse for the seven days before your appointment. Your coil can be replaced 6 weeks after the treatment.

The cervix will take about four weeks to heal during which time you will have some light bleeding or discharge.

We recommend you use sanitary pads and not tampons for FOUR weeks.

You should not have sexual intercourse for FOUR weeks.

You should use a shower/body wash rather than a bath and avoid swimming and exercise until the discharge stops.

If you are planning on going abroad and we have sent you an appointment for treatment please call to let us know. We would normally suggest that you do not travel abroad for 4-6 weeks following the treatment. This is because of the risk of bleeding and your travel insurance may not cover you.

In order to check that the treatment has been effective you will receive an appointment to attend our Nurse Smear clinic about 6 months after your treatment has been carried out.

On occasion there may be a Doctor, (trainee GP) or student Doctor present in clinic. They are there to learn about Colposcopy, however if you would prefer no extra people in the clinic please let us know.

OTHER USEFUL CONTACTS OR INFORMATION

NHS Direct

Patient Information Centre

SOURCE OF GOOD PRACTICE

If you have any questions you want to ask, you can use this space below to remind you

If you have a visual impairment this leaflet can be made available in bigger print or on audiotape. If you require either of these options please contact the Patient Information Centre on 0161 922 5332

If you require an interpreter, please ask an appropriate person to contact our central booking office between Monday to Friday 8am to 5pm on 0161 922 6991 to arrange this for you.

語言翻譯及病者支持服務 (LIPS):

如果閣下需要翻譯員在您的預約當日幫助您的話 請找一名合適的家庭成員 0161 922 6991 聯絡本中央預約辦事處來您您安排 我們的辦公時間是星期一至星期五 上午 8 時至下午 5 時

Językowo Tłumaczeniowa Usługa Pomocy dla Pacjenta (Language, Interpretation and Patient Support Service LIPS):

Jeśli potrzebujesz pomocy tłumacza w trakcie swojej wizyty, proszę poprosić odpowiedniego członka rodziny o skontaktowanie się z Centralnym Biurem Zamówień (Central Booking Office), w celu zorganizowania tłumacza pomiędzy poniedziałkiem a piątkiem w godzinach od 08:00 - 17:00 pod numerem 0161 922 6991.

لینگویج، انٹریپریٹیشن اینڈ پیسینٹ سپورٹ سروس (Lips)

اگر آپ کو اپنی اپائنٹمنٹ کے لئے مترجم کی مدد کی ضرورت ہو تو براہ مہربانی اپنے خاندان کے کسی موزوں فرد سے کہیں کہ وہ ہمارے سنٹرل بنگ آفس سے پیر سے جمعہ 8.00 بجے صبح سے 5.00 بجے شام کے دوران 0161 922 6991 پر فون کر کے اس کا بندوبست کریں۔

Document control information

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