

Tameside and Glossop Integrated Care NHS Foundation Trust



Bare Below The Elbow/to Mid Forearm Patient Information Leaflet



If you have a visual impairment this leaflet can be made available in bigger print or on audiotape. If you require either of these options please contact the Patient Information Centre on 0161 922 5332

Language, Interpretation and Patient Support Service (LIPS):

If you require an interpreter to assist your appointment, please ask an appropriate family member to contact our central booking office between **Monday to Friday 8am to 5pm** on **0161 922 6991** to arrange this for you. Further information can be found on the Trust public website <https://www.tamesidehospital.nhs.uk/patients/lips.htm>

語言翻譯及病者支持服務 (LIPS):

如果閣下需要翻譯員在您的預約當日幫助您的話 請找一名合適的家庭成員 **0161 922 6991** 聯絡本中央預約辦事處來您您安排 我們的辦公時間是星期一至星期五 上午 8 時至下午 5 時

Językowo Tłumaczeniowa Usługa Pomocy dla Pacjenta (Language, Interpretation and Patient Support Service LIPS):

Jeśli potrzebujesz pomocy tłumacza w trakcie swojej wizyty, proszę poprosić odpowiedniego członka rodziny o skontaktowanie się z Centralnym Biurem Zamówień (Central Booking Office), w celu zorganizowania tłumacza pomiędzy poniedziałkiem a piątkiem w godzinach od 08:00 - 17:00 pod numerem 0161 922 6991.

لیگوئج، انٹرپرائسین اینڈ پیسٹ سپورٹ سروس (Lips)

اگر آپ کو اپنی اپائنٹمنٹ کے لئے مترجم کی مدد کی ضرورت ہو تو براہ مہربانی اپنے خاندان کے کسی موزوں فرد سے کہیں کہ وہ ہمارے سنٹرل بنگ آفس سے پیر سے جمعہ 8.00 بجے صبح سے 5.00 بجے شام کے دوران 0161 922 6991 پر فون کر کے اس کا بندوبست کریں۔

Help us to help you

It is important that we keep your records up-to-date. If the information about you is incorrect, we may be unable to contact you should we need to inform you about any changes to your appointment. Therefore, if you change your GP/Dentist, address or telephone number, please contact us as soon as possible. Please provide a mobile number where possible as we operate an appointment reminder service via text message.

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Division	Specialist Nursing
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In line with the Department of Health guidance, for Infection Prevention Control Tameside hospital is now:

Bare Below The Elbows/to Mid Forearm

Uniforms and workwear must not impede effective hand hygiene, and should not come into contact with patients and the patient's environment.

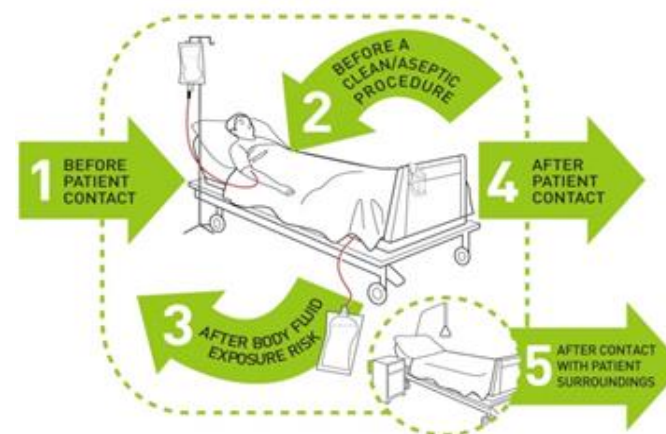
A 'bare below the elbows/to mid forearm' approach will be adopted at all times, by all staff in the clinical environment. This includes nurses, doctors and professionals allied to medicine.

Bare Below The Elbows/to Mid Forearm Approach

Bare below the elbows dress code is part of the government's Clean Safe Care Strategy which aims to reduce infection risks by improving hand hygiene.

Key Points for Trust Staff

- ✚ A bare below the elbows/to mid forearm approach i.e. no wrist watches, jewellery (apart from a plain wedding band) will be adopted by all staff in the clinical area.
- ✚ Nails should be short and clean – no nail polish or extensions
- ✚ Any members of staff that wear their own clothes must adhere to the 'bare below the elbows' initiative for the facilitation of hand washing.
- ✚ Clothing worn by all staff must be clean and fit for purpose and hands are washed as per the World Health Organisation (WHO) 5 moments for hand hygiene.



- ✚ Coats etc can either be left in the ward 'rest room' or carried as long as they are removed whilst hand washing takes place.

If you have any questions you want to ask, you can use this space below to remind you.

If you would like more information

- Ask to speak to a Hospital Infection Prevention Nurse or telephone 0161 922 6194

Reference:

Uniform and Workwear: guidance on uniform and workwear policies for NHS Employers. DOH 2010.