

Adult Pre-Operative Assessment Clinic

Patient information Leaflet

Document Date: October 2018

WHAT IS THE PRE-OPERATIVE ASSESSMENT CLINIC?

If you have been recommended to have planned surgery, the pre-operative assessment clinic is necessary to ensure you are fully prepared for your hospital admission, treatment and eventual discharge.

WHY DO I NEED TO ATTEND?

The purpose of your pre-operative assessment is to

- Assess your general health and fitness to have surgery/anaesthesia
- Arrange any necessary tests/investigations that may be required before your surgery.
- Provide you with plenty of information in relation to your surgery, anaesthesia, post-operative pain relief and admission/discharge from hospital.
- Advise on which medicines you should take and which to omit prior to your operation.
- To answer any questions or concerns that you may have.

OPENING TIMES AND LOCATION

The pre-operative assessment unit is open from:

- 8am - 4pm, Monday, Tuesday, Thursday and Friday.

- 8am - 7pm, Wednesday

Pre op can be found at the entrance to Blue Suite Outpatients department in the Hartshead North Building.

HOW LONG WILL MY APPOINTMENT TAKE?

Please allow up to one hour for your appointment. We will advise you on arrival of any potential delays. Please arrive on time to ensure the clinic runs to time, if you are 20 minutes late, your appointment may need to be rebooked for a different day.

If you are unable to attend your appointment, please telephone the Booking and Scheduling team who will re-arrange this for you. If you fail to do so your surgery may be postponed. Their number can be found on your appointment letter

Please advise the Booking and Scheduling Team if you require any special arrangements (i.e. interpreter, hospital transport, special needs etc)

WHAT HAPPENS AT THE PRE-OPERATIVE ASSESSMENT CLINIC?

You will be seen by one of our pre-assessment team who will:

- Discuss your general health and record your medical and surgical history.
- Ask you about your current medicines (it is useful to bring them in their original boxes to the clinic or current prescription).
- Ask you about any allergies.
- Record your weight, BMI and height.
- Check your blood pressure, pulse and oxygen levels.
- Take MRSA swabs (Methicillin-resistant Staphylococcus aureus) in line with Department of Health Guidance.
- Take any bloods, x-rays or heart tracings (ECG's) as required.
- Ask you details about your lifestyle (i.e. smoking and alcohol)
- Inform you about your operation, pain relief, admission to hospital and eventual discharge.
- We will also provide you with fasting instructions for your day of surgery and

provide you with relevant information leaflets.

Following a successful assessment, you will be placed on to the waiting list for surgery. Occasionally some patients will not be successful and will either need to return to their G.P. for further investigations or to another department within the hospital. The pre-op nurse will advise you of this. We try at all times to keep to specific appointment times, but occasionally circumstances may cause a delay. We apologise in advance for this and appreciate your patience.

SMOKING, WEIGHT AND ALCOHOL BEFORE AND AFTER SURGERY

We strongly advise that you stop smoking prior to your operation and continue this after your operation.

You should also reduce your alcohol intake and avoid consuming alcohol for at least two days prior to your surgery.

If you are overweight, carefully reducing your weight by eating healthier and increasing your level of exercise is advised before surgery.

Please also advise the nurse if you have had any recent vaccinations/immunisations.

WHAT TO BRING WITH YOU?

Please bring all your current medicines with you in their original packaging. Include prescribed, over the counter and herbal medicines or a repeat prescription. In addition to this, please bring details of any previous drug/ medical alerts, allergy warning cards or pacemaker card.

It may also help if you could bring spectacles and hearing aids if required. Sometimes bringing a relative/friend who is close to you is useful so that they will also remember the information given to you.

PRIVACY AND DIGNITY

We aim to maintain your privacy and dignity at all times within the clinic, particularly if you are required to remove any clothing which will be carried out in a private consultation room.

TRANSPORT

If you require hospital transport, this is no longer arranged through the hospital. You will need to arrange this through your own G.P.

INTERPRETER SERVICES

If you require an interpreter, please contact the booking and scheduling team, their contact number can be found on your appointment letter.

CAR PARKING

Car parking is available throughout the hospital. Although charges can change for disabled parking, please contact the car parking office.

Payment must be made at the designated pay-stations prior to returning to your car. There is also a drop off zone at the main entrance to the Hartshead South building.

USEFUL TELEPHONE NUMBERS

0161 922 6204
0161 922 6120
0161 922 5270
0161 922 4886
0161 922 6796 (Receptionist)

The pre-operative team looks forward to seeing you, and we would appreciate any feedback on your experience with us

If you have any questions you want to ask, you can use this space below to remind you

If you have a visual impairment this leaflet can be made available in bigger print or on audiotape. If you require either of these options please contact the Patient Information Centre on 0161 922 5332

اگر یہ معلومات پڑھ نہیں سکتے ہیں یا آپ کو اس کی سمجھ نہیں آتی ہے تو براہ مہربانی ہسپتالک ہیلتھ ٹیم کے ساتھ ٹیلی فون نمبر 0161 331 5149/5150 پر رابطہ کریں تو وہ آپ کی مدد کر سکیں گے۔

آپنی যদি اےہی تہا پڑتے با کھتے نا پآرےن، تاہلے انورہہ کرے ا تہنک ہلپ ٹیم کے ساتھ ٹیلی فون نمبر 0161 331 5149/5150 اےہی ناہارے، تہن اہرا آپناکے ساہاا کرآتے پارےے۔

જો આપ આ માહિતી વાંચી કે સમજી શકો છો તો કૃપા કરી, અંતર્ગત હેલ્થ ટીમનો 0161 331 5149/5150 નંબર પર સંપર્ક લાવો તેઓ આપને જરૂર મદદ કરશે.

Document control information

Author: JCH/TB
Division/Department: Theatre
Date Created: 2/5/2014
Date reviewed: October 2018
Reference Number: PREOP 1
Version: 5