

CYSTOGRAM

What is a cystogram?

This is a special x-ray examination of the urinary tract (kidneys and bladder) using a liquid (contrast media), which shows up on x-rays to help diagnose various conditions.

What are the benefits of having a cystogram?

Your problems can be diagnosed quickly and accurately.

Are there any risks involved?

There are the usual slight risks associated with X-Radiation.

All X-ray procedures involve exposure to radiation in varying amounts. We are all exposed to small amounts of radiation from the atmosphere throughout our lives. Any amount of diagnostic radiation can add slightly to the normal risk of developing cancer. In all X-ray examinations, the amount of radiation is kept to the minimum necessary. Unfortunately, one in three of us are liable to develop a cancer at some stage during our lives, so the added risk from this test is very small indeed. This risk has to be balanced against the benefits you may achieve by having the procedure.

Female patients of child bearing age will be asked about their period dates to ensure that they are not pregnant.

How long will I be in hospital for?

You will come to the x-ray department as an out patient and the length of the examination varies between patients. You should allow up to 1 hour for your stay in the department.



IF YOU ARE DIABETIC:-

- Bring your medication and appropriate food with you.
- You may contact the Diabetic Specialist Nurse for further advice on your Diet / medication on 0161 922 6443.

What happens when I arrive in the department?

A member of staff will check your details and if necessary amend them.

What happens during the examination?

This examination will be performed by a radiologist (a doctor specialising in diagnosis using x-rays) with the help of a radiographer and a nurse.

Initially the nurse will pass a fine flexible plastic tube into your bladder with the aid of some local anaesthetic jelly. Once this tube has been checked to be in the correct position, the contrast media tube is connected and the bladder is filled with the liquid. X-rays will then be taken and the contrast will show any problems with the urinary tract. Once the images are done the tube is then removed and the examination is completed.

What happens after the examination?

There are usually no side effects after this examination.

How will I get my results?

The results will be sent to the doctor who sent you for this examination and you can discuss the report with them when you next visit. An appointment will be sent to you if you came as out-patient. If your GP sent you, you need to make an appointment to see them about two weeks after the examination.

Who should I contact if there is a problem following my examination?

For advice, telephone X-Ray Ground Floor on 0161 922 6426 during the hours of 9.00am to 5.00pm – Monday to Friday. Out of hours, contact your GP.



Any questions?

If you have any questions that you would like to ask the Radiology Department Staff when you attend for your examination/procedure, please write them down here and bring this paper with you to aid your memory:

Choice

Your doctor has decided that this is the appropriate examination/ procedure for your condition. Any alternatives should have already been discussed with you.

Source

In compiling this information leaflet, a number of recognised professional bodies and accredited good practice guidelines have been used.

Should you have a visual impairment, this leaflet can be made available in bigger print or on audiotape. If you require either of these options, please ring 0161 922 6426.



Language, Interpretation and Patient Support Service (LIPS):

If you require an interpreter to assist your appointment, please ask an appropriate family member to contact our central booking office between **Monday to Friday 8am to 5pm** on **0161 922 6991** to arrange this for you.

語言翻譯及病者支持服務 (LIPS)

如果閣下需要翻譯員在您的預約當日幫助您的話 請找一名合適的家庭成員 **0161 922 6991** 聯絡本中央預約辦事處來您您安排 我們的辦公時間是星期一至星期五 上午 8 時至下午 5 時

Językowo Tłumaczeniowa Usługa Pomocy dla Pacjenta (Language, Interpretation and Patient Support Service LIPS):

Jeśli potrzebujesz pomocy tłumacza w trakcie swojej wizyty, proszę poprosić odpowiedniego członka rodziny o skontaktowanie się z Centralnym Biurem Zamówień (*Central Booking Office*), w celu zorganizowania tłumacza pomiędzy poniedziałkiem a piątkiem w godzinach od **08:00 - 17:00** pod numerem **0161 922 6991**.

لیٹگوئج، انٹریپریٹیشن اینڈ پشیٹ سپورٹ سروس (Lips)

اگر آپ کو اپنی اپائنٹمنٹ کے لئے مترجم کی مدد کی ضرورت ہو تو براہ مہربانی اپنے خاندان کے کسی موزوں فرد سے کہیں کہ وہ ہمارے سنٹرل بکنگ آفس سے پیر سے جمعہ 8.00 بجے صبح سے 5.00 بجے شام کے دوران 0161 922 6991 پر فون کر کے اس کا بندوبست کریں۔

Author	Department	Date created
Fluoroscopy Team	Radiology	Updated Version 1.3
		07/10/2019

